



Modern International Convent School

Ladal (Sangrur) Punjab

99151-63814

C.B.S.E. New Delhi (Pattern)

Run by:- Babu Kaur Singh Educational Society, Village Ladal

Ref. No. MICS-2026/13

Date 24/09/26

EXTRA CURRICULAR ACTIVITIES

Extra curricular activities form an integral part of the daily routine of our students. Music, plays, art & craft and physical exercise and other hobbies have been introduced in the school to develop aesthetic sense, creativity and emotional harmony of students. The details of the extra curricular activities are as under:-

A) ARTS

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|-----------------------|---------------------|
| 1. Drawing & Painting | 2. Handicraft |
| 3. Calligraphy | 4. Floor decoration |

B) MUSIC

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|------------------------------|------------------|
| 1. Vocal Music | 2. Rhyme singing |
| 3. Hymns and patriotic songs | |

C) PHYSICAL FITNESS

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|------------------------|---------------------------|
| 1. Exercise | 2. Indoor & outdoor games |
| 3. Intra class matches | 4. Intra house matches |

D) EDUCATIONAL TOURS

- | | |
|----------------------|--------------|
| 1. Historical places | 2. Botanical |
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E) ACADEMIC ACTIVITIES

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| 1. Declamation | 2. Group discussion |
| 3. Debate | 4. Poetry recitation |
| 5. Story & essay writing | 6. Quiz and paper reading |

F) CULTURAL ACTIVITIES

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|-----------|-------------------|
| 1. Plays | 2. Regional Dance |
| 3. Poetry | 4. Mimicry |

Rumple Rain
Principal
Modern International Convent School
Ladal (Sangrur) Punjab

Babu Kaur Singh
PRESIDENT
BAPU KAUR SINGH
EDUCATIONAL SOCIETY (Regd. 014)
LADAL-148031 (SANGRUR) PUNJAB